

कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी

Monthly Program Transmission Schedule of Class - 8

कक्षा - 8 की विषयवार साप्ताहिक कार्यक्रम प्रसारण सारणी

Subject-wise Weekly Program Transmission Schedule of Class - 8

सोमवार Monday	मंगलवार Tuesday	बुधवार Wednesday	बृहस्पतिवार Thursday	शुक्रवार Friday	शनिवार Saturday	रविवार Sunday
विज्ञान	गणित	विज्ञान	गणित	विज्ञान	गणित	शारीरिक शिक्षा
भूगोल	हिन्दी	संस्कृत/ उर्दू (उर्दू)	इतिहास	हिन्दी	संस्कृत/ उर्दू (उर्दू)	राजनीति विज्ञान
English	Geography	History	English	Political Science	Geography	Activities Mathematics/ Science
Mathematics	Science	Mathematics	Science	Mathematics	Science	History
Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education	Vocational Education

☞ This table refers to the subject-wise weekly program schedule comprising programs of different subjects/themes scheduled to be transmitted on a concerned day as a set of programs and the same is repeated as a program cycle approximately 9 to 10 times a day and the same scheme is followed for the whole month.

☞ For more info, kindly navigate to PM eVIDYA page on the SWAYAM PRABHA web portal or visit the link:

https://www.swayamprabha.gov.in/index.php/program/current_se/29

☞ The channel also telecasts Live Interactive Sessions with Subject Experts on every Thursday from 3.00 pm to 4.00 pm. You can also watch these sessions and other interesting videos on the NCERT OFFICIAL YouTube channel by following the link:

<https://www.facebook.com/ncertofficial>

☞ All the QR-coded video programs telecast on 12 PM eVIDYA TV Channels are also available on the DIKSHA web portal. In case you miss watching any program/episode on TV or otherwise, you can watch these programs on the DIKSHA web portal (<https://diksha.gov.in/>). You can scan the QR code of a program on TV with the help of the DIKSHA mobile app and watch/download the same on your mobile phone.



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कक्षा - 8 की मासिक कार्यक्रम प्रसारण सारणी
Monthly Program Transmission Schedule of Class - 8

जुलाई 2023

July 2023

विषय Subject	कार्यक्रम का शीर्षक Program Title	माध्यम Medium	प्रसारण समय Telecast Time
शनिवार, 01 जुलाई 2023 Saturday, 01 July 2023			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:37 AM 03:07 AM 05:38 AM 08:09 AM 10:40 AM 01:10 PM 03:41 PM 06:12 PM 08:42 PM 11:13 PM
Sanskrit	पाठ 1: सुभाषितानि, भाग 1	Sanskrit hindi	12:37 AM 03:08 AM 05:39 AM 08:09 AM 10:40 AM 01:11 PM 03:41 PM 06:12 PM 08:43 PM 11:14 PM
Story Telling/ Value Education	पुनर्मूषको भवः	Hindi	01:09 AM 03:40 AM 06:11 AM 08:41 AM 11:12 AM 01:43 PM 04:14 PM 06:44 PM 09:15 PM 11:46 PM
Social Science (Geography)	Chapter-3, Minerals and Power Resources, Part-1	English	01:17 AM 03:48 AM 06:19 AM 08:49 AM 11:20 AM 01:51 PM 04:21 PM 06:52 PM 09:23 PM 11:54 PM
General	Fabric	Isl	01:29 AM 04:00 AM 06:30 AM 09:01 AM 11:32 AM 02:03 PM



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			04:33 PM 07:04 PM 09:35 PM
Science	Chapter-1: Crop Production and Management	English	01:38 AM 04:09 AM 06:40 AM 09:10 AM 11:41 AM 02:12 PM 04:42 PM 07:13 PM 09:44 PM
Vocational Video	कक्षा 8 घर पर बनाए हर्बल शैम्पू	Hindi	02:03 AM 04:34 AM 07:05 AM 09:35 AM 12:06 PM 02:37 PM 05:07 PM 07:38 PM 10:09 PM
General	Vajrasana	English	02:28 AM 04:58 AM 07:29 AM 10:00 AM 12:30 PM 03:01 PM 05:32 PM 08:03 PM 10:33 PM
रविवार, 02 जुलाई 2023 Sunday, 02 July 2023			
Physical Education	धनुरासन	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
General	Single Use Plastic	हिन्दी	12:20 AM 02:50 AM 05:21 AM 07:51 AM 10:22 AM 12:52 PM 03:23 PM 05:53 PM 08:24 PM 10:54 PM
Social Science (Political Science)	पाठ-4: कानूनों की समझ, भाग-1	Hindi	12:22 AM 02:52 AM 05:23 AM 07:53 AM 10:24 AM 12:54 PM 03:25 PM 05:55 PM 08:26 PM 10:56 PM
Story Telling/ Value Education	बबलू की नाव	Hindi	12:41 AM 03:11 AM 05:42 AM 08:12 AM 10:43 AM 01:13 PM 03:44 PM 06:14 PM 08:45 PM 11:15 PM



General Awareness Programme	Maulana Abul Kalam Azad (मौलाना अबुल कलाम आज़ाद)	Hindi	01:02 AM 03:32 AM 06:03 AM 08:33 AM 11:04 AM 01:34 PM 04:05 PM 06:35 PM 09:06 PM 11:36 PM
General Awareness Programme	Moon And The Artificial Satellite	Hindi	01:31 AM 04:01 AM 06:32 AM 09:02 AM 11:33 AM 02:03 PM 04:34 PM 07:04 PM 09:35 PM
Social Science (History)	Chapter-3, Ruling the Countryside, Part-1	English	01:48 AM 04:18 AM 06:49 AM 09:19 AM 11:50 AM 02:20 PM 04:51 PM 07:21 PM 09:52 PM
Vocational Video	Identification of trees	English hindi	02:05 AM 04:35 AM 07:06 AM 09:36 AM 12:07 PM 02:37 PM 05:08 PM 07:38 PM 10:09 PM
Social science	Origin of the Earth	English	02:15 AM 04:46 AM 07:16 AM 09:47 AM 12:17 PM 02:48 PM 05:18 PM 07:49 PM 10:19 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2022 Dance - Classical(Boy) Tripura	English hindi	02:25 AM 04:55 AM 07:26 AM 09:56 AM 12:27 PM 02:57 PM 05:28 PM 07:58 PM 10:29 PM
सोमवार, 03 जुलाई 2023 Monday, 03 July 2023			
Science	पाठ 1: फसल उत्पादन एवं प्रबंध	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:35 PM 08:06 PM 10:37 PM
सामान्य	Water Saved	हिन्दी	12:33 AM 03:04 AM 05:34 AM 08:05 AM 10:36 AM 01:07 PM



			03:38 PM 06:09 PM 08:39 PM 11:10 PM
Social Science (Geography)	पाठ 3: खनिज और शक्ति संसाधन	Hindi	12:34 AM 03:05 AM 05:35 AM 08:06 AM 10:37 AM 01:08 PM 03:39 PM 06:10 PM 08:40 PM 11:11 PM
English Honeydew	Chapter-1, The Best Christmas Present in the World	English	01:05 AM 03:36 AM 06:07 AM 08:38 AM 11:09 AM 01:40 PM 04:10 PM 06:41 PM 09:12 PM 11:43 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	01:18 AM 03:48 AM 06:19 AM 08:50 AM 11:21 AM 01:52 PM 04:23 PM 06:53 PM 09:24 PM 11:55 PM
Mathematics	Chapter-1, Rational Numbers, Part - 1	English	01:21 AM 03:51 AM 06:22 AM 08:53 AM 11:24 AM 01:55 PM 04:26 PM 06:56 PM 09:27 PM 11:58 PM
Vocational Video	Identification of trees	English Hindi	01:51 AM 04:22 AM 06:52 AM 09:23 AM 11:54 AM 02:25 PM 04:56 PM 07:27 PM 09:57 PM
Vocational Video	गृह सज्जा हेतु पौधे	Hindi	02:01 AM 04:32 AM 07:03 AM 09:34 AM 12:05 PM 02:35 PM 05:06 PM 07:37 PM 10:08 PM
मंगलवार, 04 जुलाई 2023 Tuesday, 04 July 2023			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM



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Hindi	हिंदी वसंत, पाठ-9: कबीर की साखियाँ	Hindi	12:50 AM 03:20 AM 05:51 AM 08:21 AM 10:52 AM 01:22 PM 03:53 PM 06:23 PM 08:54 PM 11:24 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:02 AM 03:33 AM 06:03 AM 08:34 AM 11:04 AM 01:35 PM 04:05 PM 06:36 PM 09:06 PM 11:37 PM
Social Science (Geography)	Chapter-3, Minerals and Power Resources, Part-2	English	01:03 AM 03:33 AM 06:04 AM 08:34 AM 11:05 AM 01:35 PM 04:06 PM 06:36 PM 09:07 PM 11:37 PM
Creative Activities: Art/Craft	Origami (Kagaz Kala)-1	Hindi	01:14 AM 03:44 AM 06:15 AM 08:45 AM 11:16 AM 01:46 PM 04:17 PM 06:47 PM 09:18 PM 11:48 PM
General Awareness Programme	Personal Safety	English	01:24 AM 03:55 AM 06:25 AM 08:56 AM 11:26 AM 01:57 PM 04:27 PM 06:58 PM 09:28 PM 11:59 PM
Science	Chapter-1: Crop Production and Management	English	01:39 AM 04:09 AM 06:40 AM 09:10 AM 11:41 AM 02:11 PM 04:42 PM 07:12 PM 09:43 PM
Vocational Video	गमले में पौधा लगाने की विधि	Hindi	02:05 AM 04:36 AM 07:06 AM 09:37 AM 12:07 PM 02:38 PM 05:08 PM 07:39 PM 10:09 PM
बुधवार, 05 जुलाई 2023 Wednesday, 05 July 2023			
Science	पाठ 1: फसल उत्पादन एवं प्रबंध	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM



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			10:01 AM 12:32 PM 03:02 PM 05:32 PM 08:03 PM 10:33 PM
Sanskrit	पाठ 1: सुभाषितानि, भाग 2	Sanskrit hindi	12:37 AM 03:08 AM 05:38 AM 08:08 AM 10:39 AM 01:09 PM 03:40 PM 06:10 PM 08:40 PM 11:11 PM
Social Science (History)	Chapter-3, Ruling the Countryside, Part-2	English	01:08 AM 03:38 AM 06:09 AM 08:39 AM 11:10 AM 01:40 PM 04:10 PM 06:41 PM 09:11 PM 11:42 PM
General	Single Use Plastic	हिन्दी	01:28 AM 03:58 AM 06:28 AM 08:59 AM 11:29 AM 02:00 PM 04:30 PM 07:01 PM 09:31 PM
Mathematics	Chapter-1, Rational Numbers, Part - 2	English	01:29 AM 04:00 AM 06:30 AM 09:01 AM 11:31 AM 02:01 PM 04:32 PM 07:02 PM 09:33 PM
Vocational Video	Hand tools	English hindi	02:00 AM 04:30 AM 07:01 AM 09:31 AM 12:01 PM 02:32 PM 05:02 PM 07:33 PM 10:03 PM
Creative Activities: Art/Craft	Origami (Kagaz Kala)-2	Hindi	02:15 AM 04:45 AM 07:16 AM 09:46 AM 12:17 PM 02:47 PM 05:17 PM 07:48 PM 10:18 PM
बृहस्पतिवार, 06 जुलाई 2023 Thursday, 06 July 2023			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:33 PM



Social Science (History)	पाठ-9: राष्ट्रीय आंदोलन का संघटन: 1870 के दशक से 1947 तक	Hindi	12:38 AM 03:09 AM 05:39 AM 08:10 AM 10:40 AM 01:11 PM 03:41 PM 06:11 PM 08:42 PM 11:12 PM
Creative Activities: Art/Craft	सुन्दर फूलों की कहानी - Book of Flowers	Hindi	01:08 AM 03:39 AM 06:09 AM 08:39 AM 11:10 AM 01:40 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM
English Honeydew	Chapter-1, The Best Christmas Present in the World, Part-1	English	01:23 AM 03:53 AM 06:24 AM 08:54 AM 11:25 AM 01:55 PM 04:26 PM 06:56 PM 09:26 PM 11:57 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:53 AM 04:23 AM 06:53 AM 09:24 AM 11:54 AM 02:25 PM 04:55 PM 07:26 PM 09:56 PM
Science	Chapter-2: Microorganisms: Friend or Foe, Part-1 (Harmful Mircoorganisms)	English	01:53 AM 04:24 AM 06:54 AM 09:24 AM 11:55 AM 02:25 PM 04:56 PM 07:26 PM 09:57 PM
General	zoological-Survey-of-india	English	02:12 AM 04:42 AM 07:13 AM 09:43 AM 12:14 PM 02:44 PM 05:14 PM 07:45 PM 10:15 PM
Vocational Video	Identification of trees	English hindi	02:14 AM 04:45 AM 07:15 AM 09:46 AM 12:16 PM 02:46 PM 05:17 PM 07:47 PM 10:18 PM
शुक्रवार, 07 जुलाई 2023 Friday, 07 July 2023			
Science	पाठ 2: सूक्ष्मजीव: मित्र और शत्रु	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM



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			10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:05 PM 10:35 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:28 AM 02:59 AM 05:29 AM 08:00 AM 10:31 AM 01:01 PM 03:32 PM 06:03 PM 08:33 PM 11:04 PM
Hindi	हिंदी वसंत, पाठ-9: कबीर की साखियाँ	Hindi	12:29 AM 02:59 AM 05:30 AM 08:01 AM 10:31 AM 01:02 PM 03:32 PM 06:03 PM 08:34 PM 11:04 PM
Social Science (Political Science)	Unit-1, Chapter-1, The Indian Constitution, Part-1	English	12:51 AM 03:22 AM 05:53 AM 08:23 AM 10:54 AM 01:25 PM 03:55 PM 06:26 PM 08:57 PM 11:27 PM
Mathematics	Chapter-1, Rational Numbers, Part - 3	English	01:28 AM 03:58 AM 06:29 AM 09:00 AM 11:30 AM 02:01 PM 04:32 PM 07:02 PM 09:33 PM
Vocational Video	वृक्षों की पहचान एवं महत्व	Hindi	01:55 AM 04:25 AM 06:56 AM 09:27 AM 11:57 AM 02:28 PM 04:59 PM 07:29 PM 10:00 PM
Vocational Video	Hand tools	English hindi	02:15 AM 04:46 AM 07:16 AM 09:47 AM 12:17 PM 02:48 PM 05:19 PM 07:49 PM 10:20 PM
शनिवार, 08 जुलाई 2023 Saturday, 08 July 2023			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM



Story Telling/ Value Education	पुनर्मूषको भवः	Hindi	12:37 AM 03:07 AM 05:38 AM 08:08 AM 10:39 AM 01:10 PM 03:40 PM 06:11 PM 08:41 PM 11:12 PM
Sanskrit	पाठ 1: सुभाषितानि, भाग 3	Sanskrit hindi	12:45 AM 03:15 AM 05:46 AM 08:16 AM 10:47 AM 01:17 PM 03:48 PM 06:19 PM 08:49 PM 11:20 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:10 AM 03:40 AM 06:11 AM 08:41 AM 11:12 AM 01:43 PM 04:13 PM 06:44 PM 09:14 PM 11:45 PM
Social Science (Geography)	Chapter-3, Minerals and Power Resources, Part-3	English	01:10 AM 03:41 AM 06:11 AM 08:42 AM 11:13 AM 01:43 PM 04:14 PM 06:44 PM 09:15 PM 11:45 PM
Creative Activities: Art/Craft	Origami (Kagaz Kala)-3	Hindi	01:24 AM 03:54 AM 06:25 AM 08:56 AM 11:26 AM 01:57 PM 04:27 PM 06:58 PM 09:28 PM 11:59 PM
योग	ध्यान	Hindi	01:43 AM 04:13 AM 06:44 AM 09:15 AM 11:45 AM 02:16 PM 04:46 PM 07:17 PM 09:47 PM
Science	Chapter-2: Microorganisms: Friend or Foe, Part-2 (Medicinal Use of Microorganisms)	English	01:47 AM 04:17 AM 06:48 AM 09:19 AM 11:49 AM 02:20 PM 04:50 PM 07:21 PM 09:52 PM
Vocational Video	वृक्षों की पहचान एवं महत्व	Hindi	02:10 AM 04:40 AM 07:11 AM 09:42 AM 12:12

			PM 02:43 PM 05:13 PM 07:44 PM 10:15 PM
रविवार, 09 जुलाई 2023 Sunday, 09 July 2023			
Physical Education	प्राणायाम और ध्यान	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:35 PM 08:05 PM 10:36 PM
Social Science (Political Science)	पाठ-4: कानूनों की समझ, भाग-2	Hindi	12:38 AM 03:09 AM 05:40 AM 08:10 AM 10:41 AM 01:12 PM 03:43 PM 06:13 PM 08:44 PM 11:15 PM
Story Telling/ Value Education	गुलज़ार बच्चों के साथ	Hindi	01:01 AM 03:31 AM 06:02 AM 08:33 AM 11:04 AM 01:34 PM 04:05 PM 06:36 PM 09:07 PM 11:37 PM
Mathematics	Maths Activity: Corrugated Furniture	English	01:15 AM 03:46 AM 06:17 AM 08:47 AM 11:18 AM 01:49 PM 04:20 PM 06:50 PM 09:21 PM 11:52 PM
General Awareness Programme	Petrol Pump	English	01:17 AM 03:48 AM 06:19 AM 08:50 AM 11:20 AM 01:51 PM 04:22 PM 06:53 PM 09:23 PM 11:54 PM
General	Single Use Plastic	हिन्दी	01:31 AM 04:02 AM 06:32 AM 09:03 AM 11:34 AM 02:04 PM 04:35 PM 07:06 PM 09:37 PM
Social Science (History)	Chapter-3, Ruling the Countryside	English	01:33 AM 04:03 AM 06:34 AM 09:05 AM 11:36 AM 02:06 PM 04:37 PM 07:08 PM 09:38 PM



Vocational Video	Identification of trees	English hindi	02:01 AM 04:32 AM 07:02 AM 09:33 AM 12:04 PM 02:35 PM 05:05 PM 07:36 PM 10:07 PM
Vocational Video	Ten plants for home decoration	English hindi	02:11 AM 04:42 AM 07:13 AM 09:44 AM 12:14 PM 02:45 PM 05:16 PM 07:47 PM 10:17 PM
सोमवार, 10 जुलाई 2023 Monday, 10 July 2023			
Science	पाठ 2: सूक्ष्मजीव: मित्र और शत्रु	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
योग	त्रिकोणासना	Hindi	12:28 AM 02:59 AM 05:29 AM 08:00 AM 10:30 AM 01:01 PM 03:31 PM 06:02 PM 08:32 PM 11:03 PM
Social Science (Geography)	पाठ 3: खनिज और शक्ति संसाधन	Hindi	12:31 AM 03:01 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:35 PM 11:05 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav – 2019 Dance Competition: Boys Assam	English hindi	01:02 AM 03:33 AM 06:03 AM 08:34 AM 11:04 AM 01:35 PM 04:05 PM 06:36 PM 09:06 PM 11:37 PM
English Honeydew	Chapter-1, The Best Christmas Present in the World, Part-2	English	01:08 AM 03:38 AM 06:09 AM 08:39 AM 11:10 AM 01:40 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM



Cultural Heritage: Art, Music, Dance	Kala Utsav – 2022 –Dance- Classical(Girl)Delhi	English hindi	01:36 AM 04:07 AM 06:37 AM 09:08 AM 11:38 AM 02:09 PM 04:39 PM 07:10 PM 09:40 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-3	Hindi	01:42 AM 04:12 AM 06:43 AM 09:13 AM 11:44 AM 02:14 PM 04:45 PM 07:15 PM 09:46 PM
Mathematics	Chapter-1, Rational Numbers, Part – 4	English	01:59 AM 04:29 AM 07:00 AM 09:30 AM 12:01 PM 02:31 PM 05:02 PM 07:32 PM 10:03 PM
Vocational Video	Seed Germination	English hindi	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:56 PM 05:26 PM 07:57 PM 10:27 PM
मंगलवार, 11 जुलाई 2023 Tuesday, 11 July 2023			
Mathematics	पाठ 1: परिमेय संख्याएँ	Hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
General	Dhyana	English	12:37 AM 03:07 AM 05:37 AM 08:07 AM 10:37 AM 01:08 PM 03:38 PM 06:08 PM 08:38 PM 11:08 PM
Hindi	पाठ-10: कामचोर	Hindi	12:41 AM 03:11 AM 05:41 AM 08:11 AM 10:41 AM 01:12 PM 03:42 PM 06:12 PM 08:42 PM 11:12 PM
General	E-Waste	English	01:00 AM 03:31 AM 06:01 AM 08:31 AM 11:01 AM



			AM 01:31 PM 04:01 PM 06:32 PM 09:02 PM 11:32 PM
Story Telling/ Value Education	बुद्धिर्यस्य बलमतस्य	Hindi	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:05 AM 01:35 PM 04:05 PM 06:35 PM 09:05 PM 11:35 PM
Social Science (Geography)	Chapter 3- Minerals part 4	English	01:13 AM 03:43 AM 06:13 AM 08:44 AM 11:14 AM 01:44 PM 04:14 PM 06:44 PM 09:14 PM 11:45 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-4	Hindi	01:35 AM 04:05 AM 06:36 AM 09:06 AM 11:36 AM 02:06 PM 04:36 PM 07:06 PM 09:37 PM
Science	Chapter-2: Microorganisms: Friend or Foe, Part-3 (Decomposition-Cleaning the Environment)	English	01:52 AM 04:22 AM 06:52 AM 09:23 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:56 AM 04:26 AM 06:56 AM 09:26 AM 11:56 AM 02:26 PM 04:57 PM 07:27 PM 09:57 PM
बुधवार, 12 जुलाई 2023 Wednesday, 12 July 2023			
Science	पाठ 3: संश्लेषित रेशे और प्लास्टिक	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:33 PM 03:04 PM 05:35 PM 08:06 PM 10:36 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:30 AM 03:01 AM 05:32 AM 08:03 AM 10:34 AM 01:04 PM



			03:35 PM 06:06 PM 08:37 PM 11:07 PM
Sanskrit	पाठ 2: बिलस्य वाणी न कदापि मे श्रुता	Sanskrit/hindi	12:31 AM 03:02 AM 05:33 AM 08:03 AM 10:34 AM 01:05 PM 03:36 PM 06:06 PM 08:37 PM 11:08 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-4	Hindi	12:56 AM 03:27 AM 05:58 AM 08:29 AM 10:59 AM 01:30 PM 04:01 PM 06:32 PM 09:02 PM 11:33 PM
Social Science (History)	Ch-4, Tribals, Dikus and the Vision of a Golden Age, Part-1	English	01:13 AM 03:44 AM 06:15 AM 08:45 AM 11:16 AM 01:47 PM 04:18 PM 06:48 PM 09:19 PM 11:50 PM
General Awareness Programme	भोजन यात्रा- ग्रास से निकास तक	Hindi	01:40 AM 04:11 AM 06:42 AM 09:12 AM 11:43 AM 02:14 PM 04:45 PM 07:15 PM 09:46 PM
Mathematics	Chapter-1, Rational Numbers, Part - 5	English	01:52 AM 04:23 AM 06:53 AM 09:24 AM 11:55 AM 02:26 PM 04:57 PM 07:27 PM 09:58 PM
Vocational Video	Hand tools	English/hindi	02:15 AM 04:46 AM 07:17 AM 09:47 AM 12:18 PM 02:49 PM 05:20 PM 07:50 PM 10:21 PM
बृहस्पतिवार, 13 जुलाई 2023 Thursday, 13 July 2023			
Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM



Story Telling/ Value Education	Story Telling: Meena – 1 Count your Chicken	Hindi	12:26 AM 02:57 AM 05:27 AM 07:58 AM 10:29 AM 12:59 PM 03:30 PM 06:01 PM 08:31 PM 11:02 PM
Social Science (History)	पाठ-9: राष्ट्रीय आंदोलन का संघटन: 1870 के दशक से 1947 तक	Hindi	12:40 AM 03:10 AM 05:41 AM 08:12 AM 10:42 AM 01:13 PM 03:44 PM 06:14 PM 08:45 PM 11:16 PM
General	I will work & work with courage	English	01:09 AM 03:40 AM 06:11 AM 08:41 AM 11:12 AM 01:43 PM 04:13 PM 06:44 PM 09:15 PM 11:46 PM
English Honeydew	Chapter-1, The Best Christmas Present in the World- Activity	English	01:12 AM 03:43 AM 06:14 AM 08:44 AM 11:15 AM 01:46 PM 04:16 PM 06:47 PM 09:18 PM 11:48 PM
General	आओ सैर करें - लक्षद्वीप	Hindi	01:38 AM 04:09 AM 06:39 AM 09:10 AM 11:41 AM 02:12 PM 04:42 PM 07:13 PM 09:44 PM
Science	Chapter-2: Microorganisms: Friend or Foe, Part-4 (Food Preservation)	English	01:42 AM 04:13 AM 06:43 AM 09:14 AM 11:45 AM 02:15 PM 04:46 PM 07:17 PM 09:47 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:51 AM 04:22 AM 06:52 AM 09:23 AM 11:54 AM 02:24 PM 04:55 PM 07:26 PM 09:56 PM
शुक्रवार, 14 जुलाई 2023 Friday, 14 July 2023			
Science	पाठ 3: संश्लेषित रेशे और प्लास्टिक	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM



			03:03 PM 05:33 PM 08:04 PM 10:35 PM
General	Single Use Plastic	हिन्दी	12:30 AM 03:01 AM 05:32 AM 08:02 AM 10:33 AM 01:03 PM 03:34 PM 06:04 PM 08:35 PM 11:06 PM
Hindi	पाठ-10: कामचोर	Hindi	12:32 AM 03:03 AM 05:33 AM 08:04 AM 10:34 AM 01:05 PM 03:36 PM 06:06 PM 08:37 PM 11:07 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav 2022Vocal Music-Classical(Girl)Maharashtra	English Hindi	12:52 AM 03:22 AM 05:53 AM 08:24 AM 10:54 AM 01:25 PM 03:55 PM 06:26 PM 08:56 PM 11:27 PM
Social Science (Political Science)	Unit-1, Chapter-1, The Indian Constitution, Part-2	English	01:00 AM 03:31 AM 06:01 AM 08:32 AM 11:02 AM 01:33 PM 04:03 PM 06:34 PM 09:05 PM 11:35 PM
Mathematics	Chapter-1, Rational Numbers	English	01:41 AM 04:11 AM 06:42 AM 09:13 AM 11:43 AM 02:14 PM 04:44 PM 07:15 PM 09:45 PM
Vocational Video	वृक्षों की पहचान एवं महत्व	Hindi	02:10 AM 04:40 AM 07:11 AM 09:42 AM 12:12 PM 02:43 PM 05:13 PM 07:44 PM 10:14 PM
शनिवार, 15 जुलाई 2023 Saturday, 15 July 2023			
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM



Mathematics	पाठ 2: एक चर वाले रैखिक समीकरण	Hindi	12:10 AM 02:40 AM 05:10 AM 07:40 AM 10:10 AM 12:40 PM 03:10 PM 05:40 PM 08:10 PM 10:40 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	12:28 AM 02:58 AM 05:28 AM 07:58 AM 10:28 AM 12:58 PM 03:28 PM 05:58 PM 08:28 PM 10:58 PM
Sanskrit	पाठ 2: बिलस्य वाणी न कदापि मे श्रुता	Sanskrit Hindi	12:49 AM 03:19 AM 05:49 AM 08:19 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:50 PM 11:20 PM
General	G20	English	01:16 AM 03:46 AM 06:16 AM 08:47 AM 11:17 AM 01:47 PM 04:17 PM 06:47 PM 09:17 PM 11:47 PM
Social Science (Geography)	Chapter-4, Agriculture, Part-1	English	01:31 AM 04:01 AM 06:31 AM 09:01 AM 11:31 AM 02:01 PM 04:31 PM 07:01 PM 09:31 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Boys: Bihar	English Hindi	01:41 AM 04:11 AM 06:41 AM 09:11 AM 11:41 AM 02:11 PM 04:41 PM 07:12 PM 09:42 PM
Science	Chapter-2: Microorganisms: Friend or Foe, Part-5 (Food Poisoning)	English	01:48 AM 04:18 AM 06:48 AM 09:18 AM 11:48 AM 02:18 PM 04:48 PM 07:18 PM 09:48 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:55 AM 04:26 AM 06:56 AM 09:26 AM 11:56 AM 02:26 PM 04:56 PM 07:26 PM 09:56 PM

रविवार, 16 जुलाई 2023 Sunday, 16 July 2023

Physical Education	सूक्ष्म यौगिक व्यायाम	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:36 PM 08:07 PM 10:38 PM
Story Telling/ Value Education	संवयो हि दुर्जयः	Hindi	12:43 AM 03:14 AM 05:45 AM 08:15 AM 10:46 AM 01:17 PM 03:48 PM 06:19 PM 08:50 PM 11:21 PM
Social Science (Political Science)	पाठ 6: हमारी अपराधिक न्याय प्रणाली	Hindi	12:51 AM 03:22 AM 05:53 AM 08:24 AM 10:55 AM 01:25 PM 03:56 PM 06:27 PM 08:58 PM 11:29 PM
Mathematics	Maths Activity: Matchstick Models	English	01:17 AM 03:48 AM 06:19 AM 08:50 AM 11:21 AM 01:52 PM 04:23 PM 06:54 PM 09:25 PM 11:56 PM
General	E-Waste Management: Block 2	English	01:24 AM 03:55 AM 06:26 AM 08:57 AM 11:28 AM 01:58 PM 04:29 PM 07:00 PM 09:31 PM
General	जादुई किताब	Hindi	01:38 AM 04:09 AM 06:40 AM 09:11 AM 11:42 AM 02:13 PM 04:44 PM 07:15 PM 09:46 PM
Social Science (History)	Ch-4, Tribals, Dikus and the Vision of a Golden Age, Part-1	English	01:54 AM 04:25 AM 06:56 AM 09:27 AM 11:58 AM 02:29 PM 05:00 PM 07:31 PM 10:02 PM
Vocational Video	Preparing ORS at Home	English hindi	02:19 AM 04:50 AM 07:21 AM 09:52 AM 12:23 PM 02:54 PM



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सोमवार, 17 जुलाई 2023 Monday, 17 July 2023			
General	Single Use Plastic	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Science	पाठ 3: संश्लेषित रेशे और प्लास्टिक	Hindi	12:09 AM 02:40 AM 05:10 AM 07:40 AM 10:10 AM 12:40 PM 03:10 PM 05:41 PM 08:11 PM 10:41 PM
Social Science (Geography)	पाठ 3: खनिज और शक्ति संसाधन	Hindi	12:19 AM 02:50 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:20 PM 05:51 PM 08:21 PM 10:51 PM
General Awareness Programme	Personal Safety	English	12:49 AM 03:19 AM 05:50 AM 08:20 AM 10:50 AM 01:20 PM 03:50 PM 06:20 PM 08:51 PM 11:21 PM
English Honeydew	Chapter-2 The Tsunami, Part 1	English	01:04 AM 03:34 AM 06:04 AM 08:34 AM 11:04 AM 01:34 PM 04:05 PM 06:35 PM 09:05 PM 11:35 PM
Creative Activities: Art/Craft	Origami (Kagaz Kala)-5	Hindi	01:34 AM 04:04 AM 06:34 AM 09:04 AM 11:34 AM 02:04 PM 04:35 PM 07:05 PM 09:35 PM
Mathematics	Chapter-1, Rational Numbers	English	01:43 AM 04:13 AM 06:43 AM 09:14 AM 11:44 AM 02:14 PM 04:44 PM 07:14 PM 09:44 PM



Vocational Video	Hand tools	English hindi	02:14 AM 04:45 AM 07:15 AM 09:45 AM 12:15 PM 02:45 PM 05:15 PM 07:46 PM 10:16 PM
मंगलवार, 18 जुलाई 2023 Tuesday, 18 July 2023			
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2022 Dance - Classical (Boy) Odisha	English hindi	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Mathematics	पाठ 2: एक चर वाले रेखिक समीकरण	Hindi	12:14 AM 02:44 AM 05:14 AM 07:44 AM 10:14 AM 12:44 PM 03:15 PM 05:45 PM 08:15 PM 10:45 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	12:32 AM 03:02 AM 05:33 AM 08:03 AM 10:33 AM 01:03 PM 03:33 PM 06:03 PM 08:33 PM 11:03 PM
Hindi	पाठ-12 आषाढ का पहला दिन	Hindi	12:54 AM 03:24 AM 05:54 AM 08:24 AM 10:54 AM 01:24 PM 03:54 PM 06:24 PM 08:54 PM 11:25 PM
Story Telling/ Value Education	Story Telling: Meena - 8 Meena's three wishes	Hindi	01:11 AM 03:41 AM 06:11 AM 08:41 AM 11:12 AM 01:42 PM 04:12 PM 06:42 PM 09:12 PM 11:42 PM
Social Science (Geography)	Chapter-4, Agriculture, Part-1	English	01:29 AM 03:59 AM 06:30 AM 09:00 AM 11:30 AM 02:00 PM 04:30 PM 07:00 PM 09:30 PM



General Awareness Programme	Jaliawallah Bagh- the struggle	English	01:40 AM 04:10 AM 06:40 AM 09:10 AM 11:40 AM 02:10 PM 04:40 PM 07:10 PM 09:41 PM
Science	Chapter-2: Microorganisms: Friend or Foe: Activity	English	01:53 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM 04:53 PM 07:23 PM 09:53 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:56 AM 04:26 AM 06:56 AM 09:26 AM 11:56 AM 02:26 PM 04:56 PM 07:26 PM 09:56 PM
बुधवार, 19 जुलाई 2023 Wednesday, 19 July 2023			
Science	पाठ 3: संश्लेषित रेशे और प्लास्टिक	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:03 AM 12:34 PM 03:05 PM 05:35 PM 08:06 PM 10:37 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav 2022Vocal Music- Classical(Girl)Maharashtra	English hindi	12:16 AM 02:47 AM 05:18 AM 07:48 AM 10:19 AM 12:50 PM 03:21 PM 05:52 PM 08:23 PM 10:53 PM
Sanskrit	पाठ 3: डिजीभारतम्	Sanskrit hindi	12:24 AM 02:55 AM 05:26 AM 07:57 AM 10:27 AM 12:58 PM 03:29 PM 06:00 PM 08:31 PM 11:02 PM
Creative Activities: Art/Craft	Origami (Kaga3 Kala)-5	Hindi	12:51 AM 03:21 AM 05:52 AM 08:23 AM 10:54 AM 01:25 PM 03:56 PM 06:26 PM 08:57 PM 11:28 PM
Social Science (History)	Ch-4, Tribals, Dikus and the Vision of a Golden Age, Part-2	English	01:00 AM 03:31 AM 06:02 AM 08:33 AM



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			11:03 AM 01:34 PM 04:05 PM 06:36 PM 09:07 PM 11:38 PM
General	Safe Use of Internet	English	01:18 AM 03:49 AM 06:20 AM 08:51 AM 11:21 AM 01:52 PM 04:23 PM 06:54 PM 09:25 PM 11:56 PM
Mathematics	Chapter-2, Linear Equations in One Variable	English	01:24 AM 03:55 AM 06:26 AM 08:57 AM 11:27 AM 01:58 PM 04:29 PM 07:00 PM 09:31 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:51 AM 04:22 AM 06:53 AM 09:23 AM 11:54 AM 02:25 PM 04:56 PM 07:27 PM 09:58 PM
बृहस्पतिवार, 20 जुलाई 2023 Thursday, 20 July 2023			
सामान्य	MOTHER EARTH Prakriti Hindi	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:35 PM
Mathematics	पाठ 2: एक चर वाले रेखिक समीकरण	Hindi	12:10 AM 02:40 AM 05:11 AM 07:41 AM 10:12 AM 12:42 PM 03:13 PM 05:44 PM 08:14 PM 10:45 PM
General Awareness Programme	Jaliawallah Bagh- the struggle	English	12:28 AM 02:58 AM 05:29 AM 08:00 AM 10:30 AM 01:01 PM 03:31 PM 06:02 PM 08:32 PM 11:03 PM
Social Science (History)	पाठ-10: स्वतंत्रता के बाद	Hindi	12:41 AM 03:11 AM 05:42 AM 08:12 AM 10:43 AM 01:14 PM



			03:44 PM 06:15 PM 08:45 PM 11:16 PM
General	zoological-Survey-of-india	English	01:09 AM 03:40 AM 06:10 AM 08:41 AM 11:12 AM 01:42 PM 04:13 PM 06:43 PM 09:14 PM 11:44 PM
English Honeydew	Chapter-2, The Geography Lesson	English	01:12 AM 03:42 AM 06:13 AM 08:43 AM 11:14 AM 01:45 PM 04:15 PM 06:46 PM 09:16 PM 11:47 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2019 Music - Instrumental Competition: Girls: Rajasthan	EnglishHindi	01:42 AM 04:13 AM 06:43 AM 09:14 AM 11:44 AM 02:15 PM 04:45 PM 07:16 PM 09:46 PM
Science	Chapter-3 Synthetic Fibres and Plastics	English	01:47 AM 04:17 AM 06:48 AM 09:18 AM 11:49 AM 02:19 PM 04:50 PM 07:20 PM 09:51 PM
Vocational Video	Identification of trees	EnglishHindi	01:59 AM 04:30 AM 07:00 AM 09:31 AM 12:01 PM 02:32 PM 05:03 PM 07:33 PM 10:04 PM
Vocational Video	Hand tools	EnglishHindi	02:10 AM 04:40 AM 07:11 AM 09:41 AM 12:12 PM 02:42 PM 05:13 PM 07:44 PM 10:14 PM
शुक्रवार, 21 जुलाई 2023 Friday, 21 July 2023			
General	zoological-Survey-of-india	English	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM



Science	पाठ-4, पदार्थ : धातु और अधातु	Hindi	12:10 AM 02:41 AM 05:11 AM 07:42 AM 10:12 AM 12:43 PM 03:14 PM 05:44 PM 08:15 PM 10:45 PM
General Awareness Programme	Personal Safety	English	12:39 AM 03:09 AM 05:40 AM 08:10 AM 10:41 AM 01:12 PM 03:42 PM 06:13 PM 08:43 PM 11:14 PM
Hindi	दूर्वा पाठ-13:अन्याय के खिलाफ	Hindi	12:53 AM 03:23 AM 05:54 AM 08:25 AM 10:55 AM 01:26 PM 03:56 PM 06:27 PM 08:58 PM 11:28 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav 2022Vocal Music-Classical(Girl)Maharashtra	English Hindi	01:16 AM 03:47 AM 06:17 AM 08:48 AM 11:18 AM 01:49 PM 04:20 PM 06:50 PM 09:21 PM 11:51 PM
Social Science (Political Science)	Chapter-2: Understanding Secularism	English	01:24 AM 03:55 AM 06:25 AM 08:56 AM 11:27 AM 01:57 PM 04:28 PM 06:58 PM 09:29 PM
Mathematics	Chapter-2, Linear Equations in One Variable	English	01:59 AM 04:29 AM 07:00 AM 09:31 AM 12:01 PM 02:32 PM 05:02 PM 07:33 PM 10:04 PM
Vocational Video	Identification of trees	English Hindi	02:20 AM 04:50 AM 07:21 AM 09:52 AM 12:22 PM 02:53 PM 05:23 PM 07:54 PM 10:25 PM
शनिवार, 22 जुलाई 2023 Saturday, 22 July 2023			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:32 AM



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Mathematics	पाठ 3: चतुर्भुजों को समझना	Hindi	12:08 AM 02:39 AM 05:10 AM 07:40 AM 10:11 AM 12:42 PM 03:12 PM 05:43 PM 08:14 PM 10:45 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	12:47 AM 03:18 AM 05:49 AM 08:20 AM 10:50 AM 01:21 PM 03:52 PM 06:22 PM 08:53 PM 11:24 PM
Sanskrit	पाठ 3: डिजीभारतम्	Sanskrit Hindi	01:09 AM 03:40 AM 06:10 AM 08:41 AM 11:12 AM 01:42 PM 04:13 PM 06:44 PM 09:15 PM 11:45 PM
Social Science (Geography)	Chapter-4, Agriculture, Part-1	English	01:37 AM 04:08 AM 06:39 AM 09:09 AM 11:40 AM 02:11 PM 04:42 PM 07:12 PM 09:43 PM
General	Natural Indicators -Prakritik suchak	Isl	01:48 AM 04:19 AM 06:49 AM 09:20 AM 11:51 AM 02:21 PM 04:52 PM 07:23 PM 09:54 PM
Science	Chapter-3 Synthetic Fibres and Plastics	English	02:00 AM 04:31 AM 07:02 AM 09:32 AM 12:03 PM 02:34 PM 05:04 PM 07:35 PM 10:06 PM
Vocational Video	Preparing ORS at Home	English Hindi	02:24 AM 04:55 AM 07:26 AM 09:57 AM 12:27 PM 02:58 PM 05:29 PM 07:59 PM 10:30 PM

रविवार, 23 जुलाई 2023 Sunday, 23 July 2023

सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:30 PM 03:00 PM 05:30 PM 08:00 PM 10:30 PM
Physical Education	सूक्ष्म यौगिक व्यायाम	Hindi	12:11 AM 02:41 AM 05:11 AM 07:41 AM 10:11 AM 12:41 PM 03:11 PM 05:41 PM 08:11 PM 10:41 PM
Social Science (Political Science)	पाठ-7 हाशियाकरण की समझ	Hindi	12:46 AM 03:16 AM 05:46 AM 08:16 AM 10:46 AM 01:16 PM 03:46 PM 06:16 PM 08:46 PM 11:16 PM
Story Telling/ Value Education	बुद्धि बलवति	Hindi	01:15 AM 03:45 AM 06:15 AM 08:45 AM 11:15 AM 01:46 PM 04:16 PM 06:46 PM 09:16 PM 11:46 PM
Mathematics	Maths Activity: Matchstick Models	English	01:21 AM 03:51 AM 06:22 AM 08:52 AM 11:22 AM 01:52 PM 04:22 PM 06:52 PM 09:22 PM 11:52 PM
General	E-Waste Management: Film 2	English	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:58 PM 04:28 PM 06:58 PM 09:28 PM 11:58 PM
General	जादुई किताब	Hindi	01:37 AM 04:07 AM 06:37 AM 09:07 AM 11:37 AM 02:07 PM 04:37 PM 07:07 PM 09:37 PM
Social Science (History)	Ch-4, Tribals, Dikus and the Vision of a Golden Age, Part-2	English	01:53 AM 04:23 AM 06:53 AM 09:23 AM 11:53 AM 02:23 PM



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Vocational Video	Hand tools	English hindi	02:09 AM 04:39 AM 07:09 AM 09:39 AM 12:09 PM 02:39 PM 05:09 PM 07:39 PM 10:09 PM
सोमवार, 24 जुलाई 2023 Monday, 24 July 2023			
Science	पाठ-4, पदार्थ : धातु और अधातु	Hindi	12:00 AM 02:30 AM 05:01 AM 07:32 AM 10:02 AM 12:33 PM 03:04 PM 05:34 PM 08:05 PM 10:36 PM
Vocational Video	Preparing ORS at Home	English hindi	12:36 AM 03:07 AM 05:37 AM 08:08 AM 10:39 AM 01:09 PM 03:40 PM 06:11 PM 08:42 PM 11:12 PM
Social Science (Geography)	पाठ-4: कृषि	Hindi	12:42 AM 03:12 AM 05:43 AM 08:14 AM 10:45 AM 01:15 PM 03:46 PM 06:17 PM 08:47 PM 11:18 PM
English Honeydew	Chapter-2 The Geography Lesson, Part-2	English	01:13 AM 03:44 AM 06:14 AM 08:45 AM 11:16 AM 01:46 PM 04:17 PM 06:48 PM 09:18 PM 11:49 PM
General	Jantav Reshe or Jantu Reshe	Isl	01:35 AM 04:05 AM 06:36 AM 09:07 AM 11:37 AM 02:08 PM 04:39 PM 07:09 PM 09:40 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-1	English	01:56 AM 04:27 AM 06:58 AM 09:28 AM 11:59 AM 02:30 PM 05:00 PM 07:31 PM 10:02 PM



Vocational Video	Identification of trees	English hindi	02:20 AM 04:50 AM 07:21 AM 09:52 AM 12:23 PM 02:53 PM 05:24 PM 07:55 PM 10:25 PM
मंगलवार, 25 जुलाई 2023 Tuesday, 25 July 2023			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:35 PM
Mathematics	पाठ 3: चतुर्भुजों को समझना	Hindi	12:08 AM 02:39 AM 05:09 AM 07:40 AM 10:10 AM 12:41 PM 03:12 PM 05:42 PM 08:13 PM 10:43 PM
General	Air pollution - I	English	12:47 AM 03:18 AM 05:49 AM 08:19 AM 10:50 AM 01:20 PM 03:51 PM 06:21 PM 08:52 PM 11:23 PM
Hindi	दूरवा पाठ-14:बच्चों के प्रिय केशव शंकर पिल्लै	Hindi	01:13 AM 03:43 AM 06:14 AM 08:44 AM 11:15 AM 01:45 PM 04:16 PM 06:46 PM 09:17 PM 11:48 PM
Story Telling/ Value Education	गुलज़ार बच्चों के साथ	Hindi	01:38 AM 04:09 AM 06:39 AM 09:10 AM 11:41 AM 02:11 PM 04:42 PM 07:12 PM 09:43 PM
Social Science (Geography)	Ch-4, Agriculture, Part 2- Factors influencing farming and farming as a system	English	01:51 AM 04:22 AM 06:52 AM 09:23 AM 11:53 AM 02:24 PM 04:54 PM 07:25 PM 09:55 PM
General	Fabric	Isl	01:59 AM 04:30 AM 07:00 AM 09:31 AM 12:02 PM 02:32 PM



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Science	Chapter 3- Synthetic Fibres and Plastics: Activity- Fibre To Fabric	English	02:08 AM 04:39 AM 07:09 AM 09:40 AM 12:11 PM 02:41 PM 05:12 PM 07:42 PM 10:13 PM
Vocational Video	Plumbing Tools	English hindi	02:10 AM 04:41 AM 07:12 AM 09:42 AM 12:13 PM 02:43 PM 05:14 PM 07:44 PM 10:15 PM
बुधवार, 26 जुलाई 2023 Wednesday, 26 July 2023			
General	Introduction to MISSION LIFE	English	12:00 AM 02:29 AM 04:59 AM 07:29 AM 09:59 AM 12:29 PM 02:59 PM 05:29 PM 07:59 PM 10:29 PM
Science	पाठ-4, धातु हमारे आस पास	Hindi	12:03 AM 02:33 AM 05:03 AM 07:33 AM 10:03 AM 12:33 PM 03:03 PM 05:33 PM 08:03 PM 10:33 PM
General Awareness Programme	A Visit to Cherapunjee	English	12:14 AM 02:44 AM 05:14 AM 07:44 AM 10:14 AM 12:44 PM 03:14 PM 05:44 PM 08:14 PM 10:44 PM
Sanskrit	पाठ 4: सदैव पुरतो निधेहि चरणम्	Sanskrit hindi	12:25 AM 02:55 AM 05:25 AM 07:55 AM 10:25 AM 12:55 PM 03:25 PM 05:55 PM 08:25 PM 10:55 PM
Creative Activities: Art/Craft	Origami (Kagaz Kala) -6	Hindi	12:54 AM 03:24 AM 05:54 AM 08:24 AM 10:54 AM 01:24 PM 03:54 PM 06:24 PM 08:53 PM 11:23 PM



Social Science (History)	Ch-4: Tribal, Dikus and The Vision	English	01:10 AM 03:40 AM 06:10 AM 08:39 AM 11:09 AM 01:39 PM 04:09 PM 06:39 PM 09:09 PM 11:39 PM
General	G20	English	01:35 AM 04:05 AM 06:35 AM 09:05 AM 11:35 AM 02:05 PM 04:35 PM 07:05 PM 09:35 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-2	English	01:49 AM 04:19 AM 06:49 AM 09:19 AM 11:49 AM 02:19 PM 04:49 PM 07:19 PM 09:49 PM
General	Dhyana	English	02:19 AM 04:49 AM 07:19 AM 09:49 AM 12:18 PM 02:48 PM 05:18 PM 07:48 PM 10:18 PM
Vocational Video	Seed Germination	English/Hindi	02:23 AM 04:53 AM 07:23 AM 09:53 AM 12:23 PM 02:52 PM 05:22 PM 07:52 PM 10:22 PM
बृहस्पतिवार, 27 जुलाई 2023 Thursday, 27 July 2023			
Mathematics	पाठ 3: चतुर्भुजों को समझना	Hindi	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:33 PM 03:03 PM 05:34 PM 08:04 PM 10:35 PM
General Awareness Programme	Jaliawallah Bagh- the struggle	English	12:47 AM 03:18 AM 05:48 AM 08:19 AM 10:49 AM 01:20 PM 03:51 PM 06:21 PM 08:52 PM 11:23 PM
Social Science (History)	पाठ-10: स्वतंत्रता के बाद	Hindi	01:00 AM 03:30 AM 06:01 AM 08:32 AM



			11:02 AM 01:33 PM 04:03 PM 06:34 PM 09:05 PM 11:35 PM
General	Single Use Plastic	हिन्दी	01:28 AM 03:59 AM 06:30 AM 09:00 AM 11:31 AM 02:01 PM 04:32 PM 07:03 PM 09:33 PM
Creative Activities: Art/Craft	Flat Flexagon	English	01:30 AM 04:01 AM 06:31 AM 09:02 AM 11:33 AM 02:03 PM 04:34 PM 07:04 PM 09:35 PM
English It So Happened	Chapter-5 Princess September	English	01:33 AM 04:04 AM 06:35 AM 09:05 AM 11:36 AM 02:06 PM 04:37 PM 07:08 PM 09:38 PM
Cultural Heritage: Art, Music, Dance	Kala Utsav - 2022 Dance - Classical (Boy) Odisha	English Hindi	01:52 AM 04:23 AM 06:53 AM 09:24 AM 11:54 AM 02:25 PM 04:56 PM 07:26 PM 09:57 PM
Science	Chapter-4, Materials: Metals and Non-Metals, Part-1	English	01:58 AM 04:29 AM 07:00 AM 09:30 AM 12:01 PM 02:32 PM 05:02 PM 07:33 PM 10:03 PM
Vocational Video	Changing tap washer	English Hindi	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:26 PM 02:56 PM 05:27 PM 07:58 PM 10:28 PM
शुक्रवार, 28 जुलाई 2023 Friday, 28 July 2023			
Science	पाठ-4, धातु हमारे आस पास	Hindi	12:00 AM 02:29 AM 04:58 AM 07:28 AM 09:57 AM 12:26 PM



			02:56 PM 05:25 PM 07:54 PM 10:24 PM
Physical Education	कोरोना पे वार शिक्षक एवं विद्यार्थी तैयार	Hindi	12:19 AM 02:48 AM 05:17 AM 07:47 AM 10:16 AM 12:45 PM 03:15 PM 05:44 PM 08:13 PM 10:43 PM
Hindi	दूर्वा पाठ-14:बच्चों के प्रिय केशव शंकर पिल्लै	Hindi	12:46 AM 03:15 AM 05:45 AM 08:14 AM 10:43 AM 01:13 PM 03:42 PM 06:11 PM 08:41 PM 11:10 PM
Social Science (Political Science)	Chapter-2: Understanding Secularism	English	01:10 AM 03:39 AM 06:09 AM 08:38 AM 11:07 AM 01:37 PM 04:06 PM 06:35 PM 09:05 PM 11:34 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-1	English	01:49 AM 04:19 AM 06:48 AM 09:17 AM 11:47 AM 02:16 PM 04:45 PM 07:15 PM 09:44 PM
Vocational Video	Preparing ORS at Home	English Hindi	02:07 AM 04:37 AM 07:06 AM 09:35 AM 12:05 PM 02:34 PM 05:03 PM 07:33 PM 10:02 PM
Vocational Video	Tool Box	Hindi	02:13 AM 04:42 AM 07:12 AM 09:41 AM 12:10 PM 02:40 PM 05:09 PM 07:38 PM 10:08 PM
Vocational Video	Identification of trees	English Hindi	02:18 AM 04:48 AM 07:17 AM 09:46 AM 12:16 PM 02:45 PM 05:14 PM 07:44 PM 10:13 PM
शनिवार, 29 जुलाई 2023 Saturday, 29 July 2023			



Mathematics	पाठ 3: चतुर्भुजों को समझना	Hindi	12:00 AM 02:30 AM 05:00 AM 07:31 AM 10:01 AM 12:32 PM 03:02 PM 05:33 PM 08:03 PM 10:33 PM
General Awareness Programme	मेरी माँ के लिए एक उपहार (A gift for my mother (A line of symmetry))	Hindi	12:47 AM 03:17 AM 05:48 AM 08:18 AM 10:49 AM 01:19 PM 03:50 PM 06:20 PM 08:50 PM 11:21 PM
Sanskrit	पाठ 4: सदैव पुरतो निधेहि चरणम्	Sanskrit hindi	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:41 PM 04:11 PM 06:41 PM 09:12 PM 11:42 PM
सामान्य	India-Pavilion-at-COP27-Mission	हिन्दी	01:39 AM 04:09 AM 06:40 AM 09:10 AM 11:40 AM 02:11 PM 04:41 PM 07:12 PM 09:42 PM
Social Science (Geography)	Ch-4, Agriculture, Part 2- Factors influencing farming and farming as a system	English	01:42 AM 04:12 AM 06:42 AM 09:13 AM 11:43 AM 02:14 PM 04:44 PM 07:15 PM 09:45 PM
सामान्य	Healthy Lifestyle Adopted	हिन्दी	01:50 AM 04:20 AM 06:51 AM 09:21 AM 11:52 AM 02:22 PM 04:52 PM 07:23 PM 09:53 PM
Science	Chapter-4, Materials: Metals and Non-Metals	English	01:50 AM 04:21 AM 06:51 AM 09:22 AM 11:52 AM 02:23 PM 04:53 PM 07:23 PM 09:54 PM
Vocational Video	Seed Germination	English hindi	02:23 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:55 PM



			05:26 PM 07:56 PM 10:27 PM
रविवार, 30 जुलाई 2023 Sunday, 30 July 2023			
सामान्य	Healthy Lifestyle Adopted	हिन्दी	12:00 AM 02:30 AM 05:01 AM 07:31 AM 10:02 AM 12:32 PM 03:03 PM 05:33 PM 08:04 PM 10:34 PM
Physical Education	सूक्ष्म यौगिक व्यायाम	Hindi	12:08 AM 02:39 AM 05:09 AM 07:40 AM 10:10 AM 12:41 PM 03:11 PM 05:42 PM 08:12 PM 10:43 PM
Social Science (Political Science)	पाठ-8: हाशियाकरण से निपटना	Hindi	12:43 AM 03:14 AM 05:44 AM 08:15 AM 10:45 AM 01:16 PM 03:46 PM 06:17 PM 08:47 PM 11:18 PM
Story Telling/ Value Education	बुद्धि बलवति	Hindi	01:08 AM 03:39 AM 06:09 AM 08:40 AM 11:10 AM 01:41 PM 04:11 PM 06:42 PM 09:12 PM 11:43 PM
Mathematics	Maths Activity: Matchstick Models	English	01:14 AM 03:45 AM 06:15 AM 08:46 AM 11:16 AM 01:47 PM 04:17 PM 06:48 PM 09:18 PM 11:49 PM
General	E-Waste Management: Film 2	English	01:21 AM 03:51 AM 06:22 AM 08:52 AM 11:23 AM 01:53 PM 04:24 PM 06:54 PM 09:25 PM 11:55 PM
General	जादुई किताब	Hindi	01:30 AM 04:00 AM 06:31 AM 09:01 AM 11:32 AM 02:02 PM 04:33 PM 07:03 PM 09:34 PM



Social Science (History)	Ch-4: Tribal, Dikus and The Vision	English	01:46 AM 04:16 AM 06:47 AM 09:17 AM 11:48 AM 02:18 PM 04:49 PM 07:19 PM 09:50 PM
Vocational Video	Hand tools	English Hindi	02:10 AM 04:40 AM 07:11 AM 09:41 AM 12:12 PM 02:42 PM 05:13 PM 07:43 PM 10:14 PM
सोमवार, 31 जुलाई 2023 Monday, 31 July 2023			
General	Waste Reduced	English	12:00 AM 02:30 AM 05:00 AM 07:30 AM 10:00 AM 12:31 PM 03:01 PM 05:31 PM 08:01 PM 10:31 PM
Science	पाठ-4, पदार्थ : धातु और अधातु	Hindi	12:09 AM 02:39 AM 05:09 AM 07:40 AM 10:10 AM 12:40 PM 03:10 PM 05:40 PM 08:11 PM 10:41 PM
General Awareness Programme	A Visit to Cherapunjee	English	12:19 AM 02:49 AM 05:20 AM 07:50 AM 10:20 AM 12:50 PM 03:20 PM 05:51 PM 08:21 PM 10:51 PM
Social Science (Geography)	पाठ-4: कृषि	Hindi	12:30 AM 03:01 AM 05:31 AM 08:01 AM 10:31 AM 01:01 PM 03:32 PM 06:02 PM 08:32 PM 11:02 PM
English It So Happened	Chapter-6 The Fight	English	01:01 AM 03:32 AM 06:02 AM 08:32 AM 11:02 AM 01:32 PM 04:03 PM 06:33 PM 09:03 PM 11:33 PM
Mathematics	Chapter 3- Understanding Quadrilaterals, Part-2	English	01:28 AM 03:58 AM 06:28 AM 08:58 AM 11:28 AM 01:59 PM



			04:29 PM 06:59 PM 09:29 PM 11:59 PM
Vocational Video	कक्षा 8 वस्त्रों पर लगे दाग धब्बे छुड़ाना	Hindi	01:50 AM 04:20 AM 06:50 AM 09:20 AM 11:51 AM 02:21 PM 04:51 PM 07:21 PM 09:51 PM
Vocational Video	Preparing ORS at Home	English hindi	02:24 AM 04:54 AM 07:24 AM 09:55 AM 12:25 PM 02:55 PM 05:25 PM 07:55 PM 10:26 PM

